

Happy New Year!

Great News Clifton!

Breakfast and Lunch meals are available at no cost through June 2021!



Each meal is:

Packed with Nutrition
Individually Packaged

Time and Money Saving AND **ABSOLUTELY FREE!!!**

Pickup times and locations:

Mondays & Fridays

Christopher Columbus Middle School – 10-11:30am

School 17 & Clifton High School - 1:30-2:30pm

Wednesdays

Christopher Columbus Middle School - 10-11:30am

School 17 - 1:30-2:30pm

Christopher Columbus Middle School and School 17 pickups include:

2 days' worth of meals Mondays, 2 days' worth of meals Wednesdays,
and 3 days' worth of meals Fridays

High School pickups include:

4 days' worth of meals Mondays, and 3 days' worth of meals Fridays

one breakfast and one lunch meal per child per day

A Complete Breakfast Includes:

Entrée (Bread/Grain), 1/2 cup serving of Fresh Fruit, Cupped Fruit
or 100% Juice, & Milk (8oz)

A Complete Lunch Includes:

Entrée (Protein/Grain), Fruit &/or Vegetable (3/4 cup), & Milk (8oz)



POMPTONIAN
FOOD SERVICE

Visit us at: www.pomptonian.com

"This institution is an equal
opportunity provider."



School Meal Handling Instructions

General Guidelines

- ❖ All items should be either refrigerated or heated for consumption immediately.
- ❖ Any refrigerated food remaining after 5 days should be discarded.
- ❖ Wash your hands with soap and warm water for 20 seconds before handling any food.
- ❖ Products may contain one or none of the top allergens: Milk, Fish, Shellfish, Wheat, or Soy.
- ❖ As an allergy-aware kitchen, no meal is knowingly prepared on our equipment with any food that contains peanut/tree nut in the manufacturer's list of ingredients.
- ❖ Meals for students with allergies are available. For information, contact the district Food Service Director.
- ❖ **Breakfast Includes:** Entrée (Bread/Grain), 1/2 cup serving of Fresh Fruit, Cupped Fruit or 100% Juice, & Milk (8 oz)
- ❖ **A Complete Lunch Includes:** Entrée (Protein/Grain), Fruit &/or Vegetable (3/4 cup) & Milk (8 oz)

Food Storage

PANTRY ITEMS - RECEIVED AT ROOM TEMPERATURE

Cereals, Crackers, Chips, Condiments

Shelf-stable. No refrigeration required. Consume by the "Best By" date located on the product.

Grain-Based Breakfast Pastries

(Muffin, Cinnamon Roll, etc.)

Previously frozen product. For best quality, consume within 5 days.

Shelf-Stable Fruit and Fruit Juices

(Applesauce, Raisins, Craisins, "Fruitable" Juice Boxes, etc.)

Shelf-stable. No refrigeration required. Consume by the "Best By" date located on the product.

PERISHABLE ITEMS – REFRIGERATOR/FREEZER

All perishable (cold) food should be eaten or refrigerated immediately.

Fresh Milk & Juices

Refrigeration required. Consume by the "Best By" date located on the product.

Fresh Whole Fruit

Refrigeration recommended, but not required.

Fresh Bagged Fruit, Vegetables, Fresh Fruit Cups

Refrigeration required. Consume by the "Best By" date located on the product.

String Cheese/Cream Cheese

Refrigeration required.

Frozen Items That Require Heating

(Burgers, Burritos, Pizza, French Toast, Waffles, Pancakes, etc.)

Store in freezer or refrigerator until ready to heat and eat. Keep no longer than 5 days in refrigerator.



School Meal Handling Instructions








Heating Instructions

Microwave Instructions

- ❖ Please remove your meal from the container and place it on a microwave-safe dish or plate before heating in the microwave so that the meal may heat more evenly. Be sure to loosely cover the food to help retain moisture and allow for ventilation.
- ❖ Remove items that do not require heating, such as condiment packets, breads, fruit, yogurt, cold salads, or any other food items you do not wish to heat if packed in with meal.

Oven Instructions

- ❖ Preheat oven to 350F.
- ❖ Place item on sheet pan and bake until internal temperature reaches 165F. Times may vary depending on if an item is thawed or frozen.

Minimum Required Internal Food Temperatures For All Cooking Methods	
COLD HOLDING	
Refrigerated Foods	40 °F or colder
Frozen Foods	40 °F or colder
COOKING	
All temperatures to be maintained for a minimum of 15 seconds	
Ground / Cut / Whole Chicken or Turkey Nuggets, Patty, Wings, Breast, Legs 	165 °F
Food Mixtures Soups, Stews, Casseroles, Sauces 	165 °F
Pork / Pork Products Breakfast Sausage 	160 °F
Ground Beef Burgers, Meatballs, Taco etc 	160 °F
Fish & Eggs  	145 °F
Other Foods Leftovers, Pancakes, potato 	145 °F
HOT HOLDING	
After cooking, all food must be held at a minimum 140 °F until served	
REHEATING	
All temperatures to be maintained for a minimum of 15 seconds	
All foods must be reheated, within a 2-hour period, to at least their specified minimum required internal cooking temperature. All poultry must be reheated to at least 165 °F	



January 2021

Clifton Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday



**Free meals for
all students***



1 Kaiser Roll
With
100% Apple Juice

Breakfast Includes:
Entree (Bread/Grain),
Fruit & Milk

4 Cocoa Puffs Cereal
Bowl
With
Graham Cracker
And
100% Apple Juice

5 Rice Chex Cereal
Bowl
With
Graham Cracker
And
Fruit Punch 100%
Juice

6 Large Kaiser Roll
With
100% Apple Juice

7 Cheerios Cereal Bowl
With
Graham Cracker
And
100% Orange Juice

8 Frosted Flakes
Cereal Bowl
With
Graham Cracker
And
100% Apple Juice

11 Cocoa Puffs Cereal
Bowl
With
Graham Cracker
And
100% Apple Juice

12 Strawberry Pop Tarts
With
Fruit Punch 100%
Juice

13 Frosted Flakes
Cereal Bowl
With
Graham Cracker
And
100% Apple Juice

14 Fruit Loops Cereal
Bowl
With
Graham Cracker
And
Fruit Punch 100%
Juice

15 Rice Chex Cereal
Bowl
With
Graham Cracker
And
100% Orange Juice

 ***USDA approved until further notice**

18 Cocoa Puffs Cereal
Bowl
With
Graham Cracker
And
100% Apple Juice

19 Frosted Flakes
Cereal Bowl
With
Graham Cracker
And
100% Orange Juice

20 Large Kaiser Roll
With
100% Apple Juice

21 Strawberry Pop Tarts
With
100% Apple Juice

22 Frosted Flakes
Cereal Bowl
With
Graham Cracker
And
100% Apple Juice

25 Cocoa Puffs Cereal
Bowl
With
Graham Cracker
And
100% Apple Juice

26 Raisin Bran Cereal
Bowl
With
Graham Cracker
And
100% Apple Juice

27 Frosted Flakes
Cereal Bowl
With
Graham Cracker
And
100% Apple Juice

28 Strawberry Pop Tarts
With
100% Apple Juice

29 Frosted Flakes
Cereal Bowl
With
Graham Cracker
And
100% Apple Juice


At least 50% of All
Grains served with
your meal are
Whole Grain Rich!



Clifton January Lunch

Monday

Tuesday

Wednesday

Thursday

Friday



Free meals for all students*



Take Home Meal Storage and Handling Instructions



1 Pizza Crunchers w/ Mozzarella Cheese Baby Carrots And 100% Apple Juice

4 Baked Chicken Nuggets With Split Top Dinner Roll Steamed Peas And Apple Slices

5 Nachos Grande w/Beef & Cheese Tortilla Rounds Corn And 100% Grape Juice

6 **Build-Your-Own** Beef Meatball Hero With Baby Carrots And Apple Slices

7 Chicken Fajita Burrito With French Fries And Fruit Punch 100% Juice

8 American Cheese Beef Burger on a Bun With Steak Cut Fries And 100% Apple Juice

11 Popcorn Chicken With Split Top Dinner Roll Orange Smiles And Apple Slices

12 Beef Meatballs With Texas Toast Garlic Bread Baby Carrots And 100% Grape Juice

13 Mini Pancakes -with- Mozzarella String Cheese Sticks Baby Carrots And Apple Slices

14 Southern-Style Chicken Tenderloins With French Fries And Fruit Punch 100% Juice

15 Baked Mozzarella Sticks With Marinara Sauce Baby Carrots And 100% Apple Juice

18 Baked Chicken Nuggets With Split Top Dinner Roll French Fries And Apple Slices

19 BBQ Beef Rib on a Bun With Tater Tots And 100% Grape Juice

20 French Toast Sticks With Mozzarella String Cheese Sticks Baby Carrots And Apple Slices

21 Sweet & Sour Chicken With Mixed Vegetable Fried Rice And Fruit Punch 100% Juice

22 Mozzarella Cheese Pizza With Baby Carrots And Apple Slices

25 Breaded Chicken Fillet on a Bun With Tater Tots And Apple Slices

26 American Cheese Beef Burger on a Bun With French Fries And 100% Grape Juice

27 Mini Pancakes -with- Egg Patties Tater Tots And Apple Slices

28 Boneless Chicken Wings With Split Top Dinner Roll Tater Tots And Fruit Punch 100% Juice

29 Pizza Crunchers w/ Mozzarella Cheese Baby Carrots And 100% Apple Juice

A Complete Lunch Includes:
Entrée (w/ Protein/Grain)
Fruit and/or Vegetable
Hormone-Free Milk Choice:
1% White, Skim, or Non-Fat Flavored

USDA approved until further notice

Alternate Vegetarian Options
Pancake Pouch with Cheese Sticks

[Nutrition Information](#)

FOOD ALLERGIES
Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

At least 50% of All Grains served with your meal are Whole Grain Rich!

CLIFTON PUBLIC SCHOOLS

www.clifton.k12.nj.us

Danny A. Robertozzi, Ed.D.
Superintendent of Schools

Lucy Danny
President
Clifton Board of Education



December 23, 2020

Dear Clifton Community,

Clifton Public Schools would like to express our gratitude to the Clifton community for all your support through these challenging times. We wish you a happy, peaceful December break and a safe and healthy new year.

Please be advised of the following changes to the meal distribution program. The meal distribution program will **NOT** be available at Clifton High School on **Wednesdays ONLY**. Therefore, the Clifton High School location will distribute 4-day meal packages on **Mondays** and 3-day meal packages on **Fridays**.

The Meal Distribution schedule is as follows:

December - 2020

- 12/21- Regular 2-day Meal distribution at all three locations at the regular times
- 12/23- 5-day Meal distribution at all three sites at the regular times
- 12/28- 2-day Meal distribution at CHS only from 10:00-11:30
- 12/30- 5-day Meal Distribution at CHS only from 10:00-11:30

ALL SITES ARE CLOSED 12/25 AND 1/1.

January - 2021

Mondays and Fridays

- Christopher Columbus Middle School - 350 Piaget Avenue, Clifton, NJ 07011 - 10:00 -11:30
- School 17 - 361 Lexington Avenue, Clifton, NJ 07011 - 1:30-2:30
- Clifton High School - 333 Colfax Avenue, Clifton, NJ 07013 - 1:30-2:30

Wednesdays

- Christopher Columbus Middle School - 350 Piaget Avenue, Clifton, NJ 07011 - 10:00 -11:30
- School 17 - 361 Lexington Avenue, Clifton, NJ 07011 - 1:30-2:30
- Clifton High School - 333 Colfax Avenue, Clifton, NJ 07013 - **Closed**

ESCUELAS PÚBLICAS DE CLIFTON

www.clifton.k12.nj.us

Danny A. Robertozzi, Ed.D.
Superintendente de Escuelas



Lucy Danny
Presidente
Junta de Educación de Clifton

23 de diciembre de 2020

Estimada comunidad de Clifton,

Clifton Public Schools desea expresar nuestra gratitud a la comunidad de Clifton por todo su apoyo a través de estos tiempos difíciles. Le deseamos un feliz y tranquilo descanso de diciembre y un año nuevo seguro y saludable.

Tenga en cuenta los siguientes cambios en el programa de distribución de alimentos. El programa de distribución de **comidas NO** estará disponible en Clifton High School los **miércoles SOLAMENTE**. Por lo tanto, la ubicación de Clifton High School distribuirá paquetes de comidas de 4 días los lunes y **paquetes** de comida de 3 días **los viernes**.

El horario de distribución de comidas es el siguiente:

Diciembre - 2020

12/21- Distribución regular de comidas de 2 días en los tres lugares a las horas regulares

12/23- 5 días Distribución de comidas en los tres sitios a las horas regulares

12/28- Distribución de comidas de 2 días en CHS solo de 10:00 a 11:30

Distribución de comidas de 12/30- 5 días en CHS solo de 10:00-11:30

TODOS LOS SITIOS SE CIERRAN 12/25 Y 1/1.

Enero - 2021

Lunes y viernes

- Christopher Columbus Middle School - 350 Piaget Avenue, Clifton, NJ 07011 - 10:00 -11:30
- Escuela 17 - 361 Lexington Avenue, Clifton, NJ 07011 - 1:30-2:30
- Clifton High School - 333 Colfax Avenue, Clifton, NJ 07013 - 1:30-2:30

Miércoles

- Christopher Columbus Middle School - 350 Piaget Avenue, Clifton, NJ 07011 - 10:00 -11:30
- Escuela 17 - 361 Lexington Avenue, Clifton, NJ 07011 - 1:30-2:30
- Clifton High School - 333 Colfax Avenue, Clifton, NJ 07013 - **Cerrado**

مدارس كليفتون العامة

www.clifton.k12.nj.us

داني أ. روبرتوزي، إد. D.
المشرف من المدارس



لوسي داني
الرئيس
مجلس كليفتون للتعليم

كانون الأول 23, 2020

عزيزي كليفتون المجتمع،

تود مدارس كليفتون العامة أن تعرب عن امتناننا لمجتمع كليفتون على كل ما تبذلونه من دعم خلال هذه الأوقات الصعبة. نتمنى لكم عطلة شهر ديسمبر سعيدة وسلمية وسنة جديدة آمنة وصحية.

يرجى العلم بالتغييرات التالية في برنامج توزيع الوجبات. لن يكون برنامج توزيع الوجبات متاحًا في مدرسة كليفتون الثانوية يوم الأربعاء فقط. لذلك، فإن موقع مدرسة كليفتون الثانوية توزيع 4 أيام حزمة وجبة يوم الاثنين وحزم وجبة لمدة 3 أيام يوم الجمعة.

جدول توزيع الوجبات هو كما يلي:

كانون الأول/ديسمبر - 2020

- 21/12- توزيع منتظم للوجبات لمدة يومين في جميع المواقع الثلاثة في الأوقات العادية
- 23/12- توزيع الوجبات لمدة 5 أيام في جميع المواقع الثلاثة في الأوقات العادية
- 28/12- توزيع الوجبات لمدة يومين في قسم الوجبات فقط من الساعة 10:00 إلى 11:30
- 30/12- توزيع الوجبات لمدة 5 أيام في CHS فقط من الساعة 10:00 إلى 11:30

جميع المواقع مغلقة 25/12 و 1/1.

كانون الثاني/يناير - 2021

أيام الاثنين والجمعة

- مدرسة كريستوفر كولومبوس المتوسطة - 350 شارع بياجيه، كليفتون، نيو جي 07011 - 10:00 - 11:30
- المدرسة 17 - 361 شارع ليكسينغتون، كليفتون، نيو جي 07011 - 1:30 - 2:30
- مدرسة كليفتون الثانوية - 333 شارع كولفاكس، كليفتون، نيو جي 07013 - 1:30 - 2:30

الأربعاء

- مدرسة كريستوفر كولومبوس المتوسطة - 350 شارع بياجيه، كليفتون، نيو جي 07011 - 10:00 - 11:30
- المدرسة 17 - 361 شارع ليكسينغتون، كليفتون، نيو جي 07011 - 1:30 - 2:30
- مدرسة كليفتون الثانوية - 333 شارع كولفاكس، كليفتون، نيو جي 07013 - مغلق

SZKOŁY PUBLICZNE CLIFTON

www.clifton.k12.nj.us

Danny A. Robertozzi, wyd.D.

Kuratora szkół



Lucyna Danny

Prezydent

Clifton Kuratorium Oświaty

23 grudnia 2020 r.

Drodzy Społeczności Clifton,

Szkoły publiczne Clifton pragnie wyrazić naszą wdzięczność społeczności Clifton za wsparcie w tych trudnych czasach. Życzymy szczęśliwej, spokojnej grudniowej przerwy oraz bezpiecznego i zdrowego nowego roku.

Prosimy o następujące zmiany w programie dystrybucji posiłków. Program dystrybucji posiłków **NIE** będzie dostępny w Clifton High School tylko w **środy**. W związku z tym, lokalizacja Clifton High School będzie dystrybuować 4-dniowe pakiety posiłków w **poniedziałki** i 3-dniowe pakiety posiłków w **piątki**.

Harmonogram dystrybucji posiłków jest następujący:

Grudzień - 2020

12/21- Regularna 2-dniowa dystrybucja posiłków we wszystkich trzech lokalizacjach w regularnych godzinach

12/23- 5-dniowa dystrybucja posiłków we wszystkich trzech miejscach w regularnych godzinach

12/28- 2-dniowa dystrybucja posiłków w CHS tylko od 10:00-11:30

12/30- 5-dniowa dystrybucja posiłków w CHS tylko od 10:00-11:30

WSZYSTKIE STRONY SĄ ZAMKNIĘTE 12/25 I 1/1.

Styczeń - 2021

Poniedziałki i piątki

- Christopher Columbus Gimnazjum - 350 Piaget Avenue, Clifton, NJ 07011 - 10:00 -11:30
- Szkoła 17 - 361 Lexington Avenue, Clifton, NJ 07011 - 1:30-2:30
- Clifton High School - 333 Colfax Avenue, Clifton, NJ 07013 - 1:30-2:30

Środy

- Christopher Columbus Gimnazjum - 350 Piaget Avenue, Clifton, NJ 07011 - 10:00 -11:30
- Szkoła 17 - 361 Lexington Avenue, Clifton, NJ 07011 - 1:30-2:30
- Clifton High School - 333 Colfax Avenue, Clifton, NJ 07013 - **Zamknięte**

ક્લિફ્ટન પબ્લિક સ્કૂલ્સ

www.clifton.k12.nj.us

ડેની એ. રોબર્ટોઝી, એડ.D.

સુપરિન્ટેન્ડેન્ટ શાળાઓની



લ્યુસી ડેની

રાષ્ટ્રપતિ

ક્લિફ્ટન બોર્ડ ઓફ એજ્યુકેશન

૨૩ ડિસેમ્બર, ૨૦૨૦

પ્રિય ક્લિફ્ટન સમુદાય,

ક્લિફ્ટન પબ્લિક સ્કૂલ્સ આ પડકારજનક સમયમાં તમારા તમામ સમર્થન માટે ક્લિફ્ટન સમુદાયનો આભાર વ્યક્ત કરવા માંગે છે. અમે તમને ખુશ, શાંતિપૂર્ણ ડિસેમ્બર બ્રેક અને સુરક્ષિત અને તંદુરસ્ત નવા વર્ષની શુભેચ્છા પાઠવીએ છીએ.

ફૂપા કરીને ભોજન વિતરણ કાર્યક્રમમાં નીચેના ફેરફારોની સલાહ આપો. ભોજન વિતરણ કાર્યક્રમ બુધવાર કો ક્લિફ્ટન હાઈ સ્કૂલ મેં **ઉપલબ્ધ નહીં** હોગા. ઇસલિએ ક્લિફ્ટન હાઈ સ્કૂલ સ્થાન **સોમવાર કો** 4 દિન કે ભોજન પૈકેજ ઓર **શુક્રવાર**કો 3 દિન કે ભોજન પૈકેજ કા વિતરણ કરેંગે.

ભોજન વિતરણ કાર્યક્રમ નીચે મુજબ છે:

ડિસેમ્બર - 2020

12/21- નિયમિત સમયે ત્રણેય સ્થળોએ નિયમિત બે દિવસનું ભોજન વિતરણ

12/23- નિયમિત સમયે ત્રણેય સ્થળોએ પાંચ દિવસનું ભોજન વિતરણ

12/28- સીએચએસ ખાતે 2 દિવસનું ભોજન વિતરણ માત્ર 10:00 થી 11:30 સુધી

12/30- સીએચએસ ખાતે પાંચ દિવસનું ભોજન વિતરણ માત્ર 10:00 થી 11:30 સુધી

તમામ સાઇટ્સ 12/25 અને 1 / 1બંધ છે.

જાન્યુઆરી - 2021

સોમવાર અને શુક્રવાર

- ક્લિફ્ટન કોલેજિયલ મિડલ સ્કૂલ - 350 પિયાગેટ એવન્યુ, ક્લિફ્ટન, એનજે 07011 - 10:00 -11:30
- સ્કૂલ 17 - 361 લેક્સિંગ્ટન એવન્યુ, ક્લિફ્ટન, એનજે 07011 - 1:30-2:30
- ક્લિફ્ટન હાઈસ્કૂલ - 333 કોલફેક્સ એવન્યુ, ક્લિફ્ટન, એનજે 07013 - 1:30-2:30

બુધવાર

- ક્લિફ્ટન કોલેજિયલ મિડલ સ્કૂલ - 350 પિયાગેટ એવન્યુ, ક્લિફ્ટન, એનજે 07011 - 10:00 -11:30
- સ્કૂલ 17 - 361 લેક્સિંગ્ટન એવન્યુ, ક્લિફ્ટન, એનજે 07011 - 1:30-2:30
- ક્લિફ્ટન હાઈસ્કૂલ - 333 કોલફેક્સ એવન્યુ, ક્લિફ્ટન, એનજે 07013 - **બંધ**